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## **EMERGENCY PROCEDURES**

### **WHEN IN DOUBT, CALL 9-1-1**

#### **DETERMINING IF A RESIDENT NEEDS TO GO TO THE HOSPITAL**

**RESIDENT FALL:** Assess for immediate trauma and obvious cuts or bleeding. Check blood pressure and blood sugar level if diabetic. Is the resident conscious and alert to baseline abilities? Can the resident stand up and bear weight? Can the resident walk compared to baseline level of pain (on a scale of 1-10, with 10 being very high)?

If the resident can't bear weight and/or walk because of intolerable pain, call an ambulance. If the resident seems okay after a fall and remains in the facility, recheck the resident every hour for three hours following the fall.

**RESIDENT BLEEDING:** Determine severity of bleeding. If bleeding is severe, apply pressure and call an ambulance. If the bleeding is moderate, apply pressure; the bleeding should slow or stop within 2-3 minutes. If the bleeding does not slow or stop within 2-3 minutes, call an ambulance. If the bleeding does stop within 3 minutes, clean and bandage the wound. If the resident receives a small cut or tear, clean and bandage it.

**RESIDENT UNCONSCIOUS OR POSSIBLE HEART ATTACK:** The severity of the situation needs to be assessed based on the resident's baseline. Check blood pressure and any special instructions in the resident's record.

#### **IF THE RESIDENT IS UNCONSCIOUS, CALL 9-1-1.**

#### **CALLING AN AMBULANCE:**

1. State problem and give address
2. Provide care to resident as directed by 9-1-1 dispatcher
3. Give resident's emergency packet to rescue personnel when they arrive.  
Review resident information sheet to determine resident's hospital preference
4. Call the manager and resident's family. Continue trying family members on the resident call list until you speak with someone.

**IN THE EVENT OF A TORNADO,** residents and staff should go to the common bathrooms in the center of the building.

**FOR ANY AND ALL EMERGENCY PROCEDURES, FILL OUT THE SIGNIFICANT ILLNESS AND INCIDENT REPORT.**